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Policy Regarding Scents

Chemicals used to give scent to laundry products and personal care products (such as shampoos, deodorants, soaps, colognes, and perfumes) are toxic to brain, liver, kidneys, blood vessels, and heart. If the scent is detectable it is also toxic to other people, children, and pets. People and animals can be allergic or sensitive to these chemical scents, becoming ill with exposure.

Laundry products on clothes are often very strongly scented synthetic chemicals. They permeate your clothes and take several washings to remove from your clothes. If you wear clothing washed with these products to our office, the smells linger on our furniture and in the air after you are gone. These chemicals are transferred to other people's clothing and to their skin. You lose the ability to smell these scents when you're exposed to them daily.

Dr Honeyman is requesting that you not wear clothes with strong scent to her office. To get these smells out of your clothing you will need to launder them multiple times using unscented detergent or without detergent. Please refrain from wearing other kinds of scented products when you come to our office.

Some suggestions for unscented laundry products are listed below.

Unscented laundry detergents:

Tide Free and Gentle
All Stainlifters Free and Clear
Arm and Hammer Sensitive Skin
Seventh Generation Free and Clear for Sensitive Skin
OxyClean Free and Clear
Ecos Free and Clear

Scent free fabric softeners:

Seventh Generation Natural Fabric Softener
All Ultra Fabric Softener for Sensitive Skin Free and Clear
Downy Free and Gentle

Scent free dryer sheets:

Bounce Free and Gentle Dryer Sheets
All Sensitive Skin Dryer Sheets Free and Clear
GG (grab green) Wet Dryer Sheets Fragrance Free

For your health and the health of your family we strongly recommend using unscented household cleaning products, and personal care products like soaps, shampoos, deodorants, cream rinse, etc. Perfume or cologne is available with naturally derived scent, rather than synthetic chemical scents which are toxic.